

SCHOOL SWIM PROGRAMS

Healthways Recreation & Aquatic Centres

40+ years of experience teaching school children to swim

We offer school groups:

- ✦ Exclusive-use facilities,
- ✦ High quality programs, &
- ✦ High satisfaction ratings.

2025 Industry
Award Winners!



Exclusive use
of Facilities



Warm 32°C
Salt Water Pools



Highly Trained
Teachers



Aligned with
National Curriculum



Easy Admin
& Booking

Mission Statement

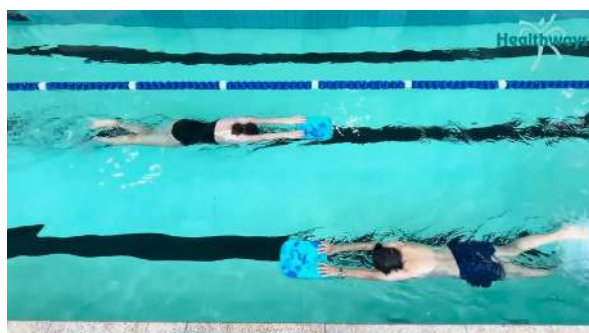
Our mission is to deliver exceptional school swimming programs that empower students with lifelong water safety skills in a positive, structured, and inclusive environment. At both our Ringwood and Mont Albert North locations, we partner with schools to make swimming safe, fun, and easy to manage — supporting confident learners at every stage.

Our swimming programs are aligned with the national curriculum and taught by accredited, experienced instructors. We proudly provide all our staff with industry-leading teacher training and professional development opportunities.

With exclusive-use pool facilities and changerooms, schools really appreciate the quiet environment and simpler risk minimisation plans. Children and school teachers can focus on learning in a safe, private, welcoming setting.

We work with each school to tailor session structures and pool layouts to meet their needs. With 40+ years of experience running school programs we aim to meet and exceed your expectations.

At Healthways, our programs aim to create swimming experiences that are memorable for students and effortless for schools — building lifelong safety, skills and enjoyment in the water.



What Sets Us Apart



EXCLUSIVE USE OF FACILITIES!

A stand-out of our programs is having exclusive use of the facilities! With private pools and private changerooms, school groups and school teachers really benefit from having an environment that is not shared with the public. The exclusive-use environment fosters better learning and easier supervision, significantly minimising the risks and distractions associated with school excursions. You'll love having the space to yourself!



Teach the national curriculum

Our swimming programs are aligned with the Australian national curriculum. We teach skills that follow recognised learning pathways with defined goals and outcomes at each stage. We are also accredited to award the Victorian Premier's Swimming Certificate. This is a Victorian Government initiative, which is awarded to children who have attained recognised water safety benchmarks.



Highly Trained Teachers

All our staff are qualified swim teachers and have all their required certifications and working with children checks. Throughout employment all staff are also provided with ongoing professional development opportunities, which develop extra skills and experience to constantly stay at the forefront of best practice teaching methods. Healthways' industry-leading teacher training is recognised by AUSTSWIM, Swim Australia and Life Saving Victoria.



Customisation of pool spaces

With exclusive use comes the flexibility to set-up pool spaces uniquely according to the ages and capabilities of your school group. We have spacious swimming lanes, spacious pool decks, heaps of in-water platforms to create shallow water spaces, deeper water spaces and a variety of equipment that can be configured in multiple ways to best suit the needs of your group.



Ease of booking

We understand the importance of ease when it comes to booking school programs. Expressions of interest, enquiries and bookings are now open for this year and next year. With 40+ years of experience running schools, you're in good hands. Our dedicated school swimming team will look after everything for you. We provide you with everything you need to make your booking and administration process easy!



COMPREHENSIVE SCHOOL PROGRAMS

Before your Program

Booking your program is easy

In the lead-up to your booking, all details about your program will be confirmed by our team of dedicated school swimming coordinators. You will be able to discuss and confirm the number of students and the number of swimming teachers you wish to book; the pool figuration options that will be suitable for your group; any special events or special curriculum that you would like for your students; any extra support that may be required for individual children; and all details will be emailed to you as part of your booking confirmation.

Student groupings can be done on or before your first day

Schools can opt to have all children assessed on the first day of the program, or we can supply parent packs to distribute to families before the program so that children can be initially grouped before the first day. During your program, the on deck supervisor will then make any necessary changes to ensure students are in groups appropriate to their skillsets for the remainder of the program. Once students have attended one year, their skill assessments are recorded in our booking software so that students can be initially grouped before their first day for future years.

During your Program

YOU HAVE EXCLUSIVE USE OF THE POOL FACILITIES!

School groups and school teachers love having an environment that is not shared with the public. The private environment fosters better learning and easier supervision, significantly minimising the risks and distractions associated with school excursions.

Skills are scaffolded to build understanding and independence year-on-year

Skills are taught progressively following recognised learning pathways, aligned with the Australian national curriculum. Within each skill set, we specialise in training our teachers in best-practice scaffolding techniques that maximise learning outcomes for students, and build understanding and independence year-on-year. We provide all our teachers with professional development opportunities and internal teacher training that is recognised by AUSTSWIM, Swim Australia and Life Saving Victoria.

There's Special Event and Special Curriculum Options

Depending on your students' ages, abilities, class ratios, length of classes and your preferences, your swim program may also be able to include special events or special curriculum, including:

- ◆ Distance swims. ◆ A mini-Swim Carnival or Relay Day. ◆ End-of-Program Games Day.
- ◆ Survival Skills, where students bring clothes to wear in the water and practice Survival sequences aligned to their swimming capabilities, including floating, treading water, reach rescues, rope rescues, throw rescues, use of PFD's (life jackets), and/or aquatic animal education (learning about dangerous aquatic animals and the treatment of their bites/stings).

After your Program

Assessments are recorded in our booking software

Over the course of your program, swim teachers will observe and assess your students. At the end of the program swim teachers complete assessment forms showing not just the completion of a skill-set, but also any progress that has been made towards the completion of a skill-set. The student's progress and achievement milestones are then recorded in our booking software so that they can be referred to the following year to pre-group students before their first day.

Progress certificates are provided for parents

The certificates that are produced for parents give insight into the skills that students demonstrated that they can perform, and also the skills that they demonstrated they're making progress towards performing. Certificates give a 5 star rating for skills to indicate their progress, such that ★Introduced, ★★Progressing 1, ★★★Progressing 2, ★★★★Progressing 3, ★★★★★Mastered.

We are accredited to issue the Victorian Premier's Swimming Certificate

This certificate is issued to children who achieve the minimum standard all children should attain before completing primary school. There has been a lot of publicity recently about the number of children leaving primary school unable to swim. This certificate provides parents and students with a benchmark that their children can aim for and achieve.

We actively seek feedback from parents and school teachers

Along with certificates, at the end of the classes parents and school teachers are invited to give feedback about their classes. This is used to improve staff training and centre processes, and also to provide the school with feedback about what parents thought of the program.



Healthways is an industry member of:



Industry Awards and Recognition

It's important for new clients to feel confident that you're coming to a swim school that is reliable and reputable. Amongst our industry peers we are recognised as:

- **Winner** AUST Award for Sustainability 2025.
- **Winner** VIC Award for Sustainability 2025.
- **Finalist** VIC Award for Facility Management 2025.
- **Honourable Mention** VIC Swim School of the Year 2025.
- **Runner-up** VIC Outstanding Contribution to Aquatic & Recreation Industry 2025.
- **Board Member** Australian Swim School Association 2025.
- **Finalist** VIC Award for Facility Management 2024.
- **Board Member** Australian Swim School Association 2024.
- **Board Member** Australian Swim School Association 2023.
- **Board Member** Australian Swim School Association 2022.
- **Board Member** Australian Swim School Association 2021.
- **Finalist** VIC Teacher of Swimming and Water Safety 2020.
- **Finalist** VIC Award for Swim School of the Year 2019.
- **Finalist** VIC Teacher of Swimming and Water Safety 2019.
- **Finalist** VIC Teacher of Swimming and Water Safety 2017.
- **Finalist** VIC Award for Facility Management 2016.
- **Finalist** VIC Award for Swim School of the Year 2015.
- Pre-2015 award wins and finals have been kept off this list to show recent achievements, however, more can be supplied if required.

We proudly share these achievements with you as an indication of the passion and dedication we have for our profession and for the children that we teach.

Real Feedback from Schools:

- **"Quiet environment. Friendly, welcoming staff. Excellent organisation." (2024)**
- *"Wonderful service. I love that we are not with the general public. This is extremely helpful with transitions and changerooms." (2024)*
- **"As a group, the staff were the best I've encountered in over 30 years of teaching." (2024)**
- **"The groups and supervisors were all very organised and friendly." (2024)**
- **"The efficiency of the process when we arrive, getting the children into their groups and into the pool. The kids had a great time." (2024)**

Our School
Swimming
Programs Received
a 4.9 ★ Rating
in 2024

Class Prices

Each school has their own requirements regarding the length of the sessions that can fit into the school day and the number of sessions that they'd like to book, so we offer a number of flexible options to suit any budget

Prices as of 1 July 2025	30-minute classes	MOST POPULAR OPTION	
		45-minute classes	60-minute classes
Per teacher	\$42.30	\$45.90	\$61.20
Plus per student	\$7.15	\$7.75	\$10.35

To save you getting the calculator out, this works out to...

Average 7 per class	\$13.19 (\$6.04 for tuition, \$7.15 for pool entry)	\$14.31 (\$6.56 for tuition, \$7.75 for pool entry)	\$19.09 (\$8.74 for tuition, \$10.35 for pool entry)
Average 8 per class	\$12.44 (\$5.29 for tuition, \$7.15 for pool entry)	\$13.49 (\$5.74 for tuition, \$7.75 for pool entry)	\$18.00 (\$7.65 for tuition, \$10.35 for pool entry)

Note:

- All prices are GST free.
- Prices are reviewed bi-annually.
- Prices as of July 2026 will be set in June 2026. We understand schools need to maintain modest budgets. Our prices are modest and specifically linked to facility costs and swim teacher wages.

Enquire Today

We look forward to working with you to deliver a safe, inclusive, and rewarding swimming program.

The first step is to contact me to discuss your school's needs and/or arrange a tour of the facility.

Please phone me on **0478 044 709** or email me at schools@healthways.com.au.

I look forward to helping you soon.

Kind regards,



Nick Rowe
School Swimming Coordinator

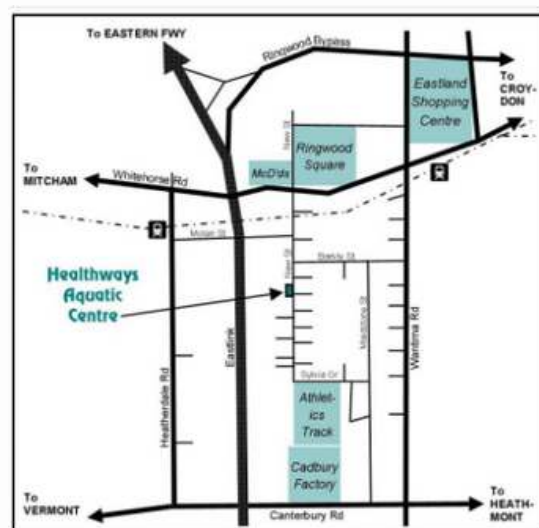
Two Convenient Locations in Melbourne East

Ringwood

Ringwood has one pool. 'Ringwood Pool' is salt water, 25 metres long, 6 lanes wide and a warm 32 degrees. Pool depth is 0.9m-1.3m. The pool can be sectioned length-ways and/or width-ways. There are platforms and equipment to suit any stage of learning.

We are conveniently located near:

- Eastlink Freeway,
- Whitehorse Road,
- Canterbury Road,
- Heatherdale Road,
- Wantirna Road.



 **108-110 New St, Ringwood VIC 3134**

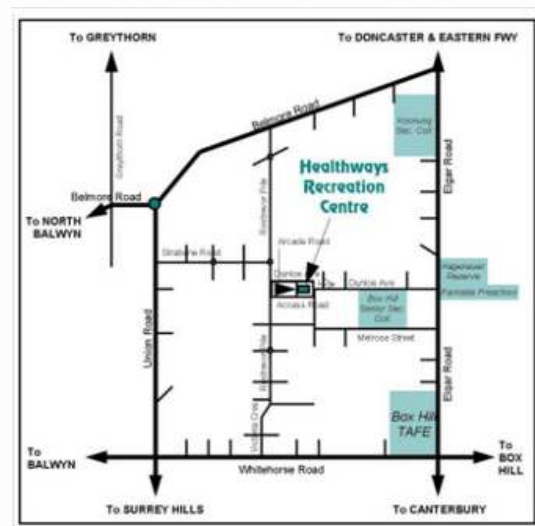


Mont Albert North

Mont Albert North has two pools. 'Cove Pool' is salt water, 20 metres long, 4 lanes wide and a warm 32 degrees. Pool depth is 1.0-1.2m with additional steps. 'TreeTops Pool' is salt water, 25 metres long, 3 lanes wide and a warm 31 degrees. Pool depth is customisable with a moveable floor that can be set at anywhere 0.5-2.0m. The pools can both be sectioned length-ways and/or width-ways. There are platforms and equipment to suit any stage of learning.

We are conveniently located near:

- Eastern Freeway,
- Whitehorse Road,
- Elgar Road,
- Union Road,
- Belmore Road.



 **1-11 Arcade Rd, Mont Albert North VIC 3129**

