

Mon 9/1/17

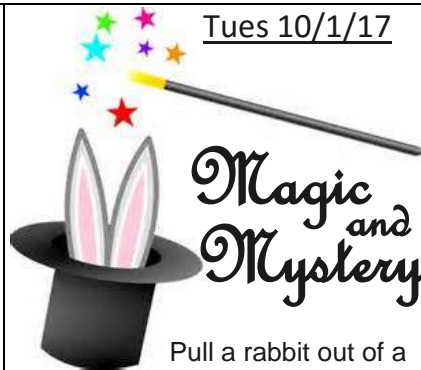
Science: Gravity

What goes up, must come down.

Today we will be carrying out experiments that demonstrate gravity at work, including: Weight, Centre of Gravity, Zero Gravity, How tides are created, etc.



Tues 10/1/17



Pull a rabbit out of a hat, make a coin disappear and learn a card trick or two. This is our magic day where we'll learn some tricks to mystify friends and family

Full program with: Bowling, Arts & Crafts, Swimming, Lots of Games, Cubbies & Dress ups, AND MORE!!!!

Wed 11/1/17

The Wild West

Howdy Partners, we all here going to have us a bit of a hoedown and shindig, with lasso throwing, quick draw and for Art & Craft each child will get an Indian pouch kit to make and take home.



Full program with: Bowling, Arts & Crafts, Swimming, Lots of Games, Cubbies & Dress ups, AND MORE!!!!



Thurs 12/1/17

Movie Day

We're setting up a big screen at Healthways. (Movie TBC)



Full program with: Bowling, Arts & Crafts, Swimming, Lots of Games, Cubbies & Dress ups, AND MORE!!!!

Fri 13/1/17



What makes a great story? We will try to find out today. Children will be challenged to create their own stories through writing, drawing and acting. Today is a day about books, characters, fairy-tales, and mythical creatures.

Full program with: Bowling, Arts & Crafts, Swimming, Lots of Games, Cubbies & Dress ups, AND MORE!!!!

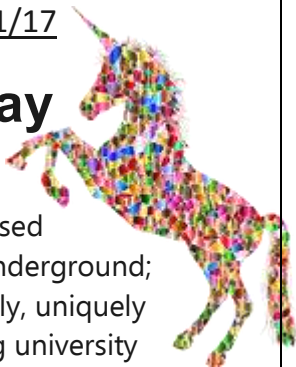
Mon 16/1/17

'U' Day

Unusually, unicorns used utensils underground; ultimately, uniquely unifying university unicycle unions. Unbelievable!

This day continues our journey through the alphabet as we explore all things 'U'.

Full program with: Bowling, Arts & Crafts, Swimming, Lots of Games, Cubbies & Dress ups, AND MORE!!!!



Tues 17/1/17

GEOGRAPHY: KENYA

Did you know that Kenya has a pop'n of over 43 million? Or that it's capital is Nairobi? Activities will include a trivia quiz, and in Arts & Crafts each child will get a Safari Animal Lacing Kit to make and take home.



Full program with: Bowling, Arts & Crafts, Swimming, Lots of Games, Cubbies & Dress ups, AND MORE!!!!

Wed 18/1/17



Mini-Athletics

While the Athletics season is in full swing, we spend today having fun with running, jumping and throwing. With team and individual activities.

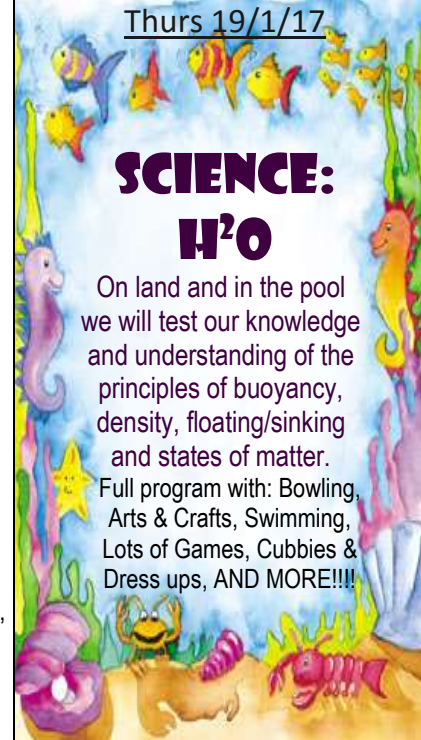
Full program with: Bowling, Arts & Crafts, Swimming, Lots of Games, Cubbies & Dress ups, AND MORE!!!!

Thurs 19/1/17

SCIENCE: H₂O

On land and in the pool we will test our knowledge and understanding of the principles of buoyancy, density, floating/sinking and states of matter.

Full program with: Bowling, Arts & Crafts, Swimming, Lots of Games, Cubbies & Dress ups, AND MORE!!!!



Fri 20/1/17

Reduce, Re-use, Recycle

The three R's are our focus today. We will talk about rubbish and how it can be used. In Arts & Craft the children will take part in our Recycled creation challenge. Their imaginations will be their only limit.

Full program with: Bowling, Arts & Crafts, Swimming, Lots of Games, Cubbies & Dress ups, AND MORE!!!!



Mon 23/1/17

History: The Middle Ages



The Middle Ages was a time of knights, castles and the feudal system. We'll be looking at what life was like during these times, and learn how to play chess (the pieces are named after roles in the feudal system.) For Art and Craft each child will get a Castle Knight Photo Frame kit to make and take home.



Full program with: Bowling, Arts & Crafts, Swimming, Lots of Games, Cubbies & Dress ups, AND MORE!!!!

Tues 24/1/17

Movie Day

We're setting up a big screen at Healthways. (Movie TBC)



Full program with: Bowling, Arts & Crafts, Swimming, Lots of Games, Cubbies & Dress ups, AND MORE!!!!

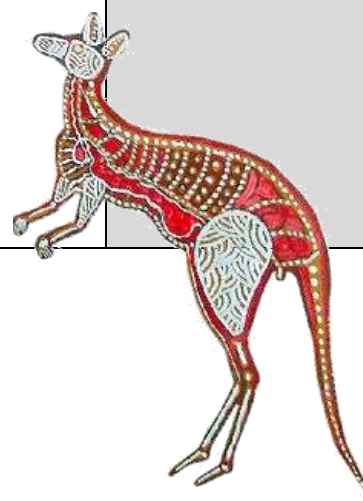


Wed 25/1/17

Australian Indigenous Culture

Today we will pay our respect to the first Australians, the traditional owners of this land. We will be learning about Aboriginal culture, stories, art and technology.

Full program with: Bowling, Arts & Crafts, Swimming, Lots of Games, Cubbies & Dress ups, AND MORE!!!!



Thurs 26/1/17

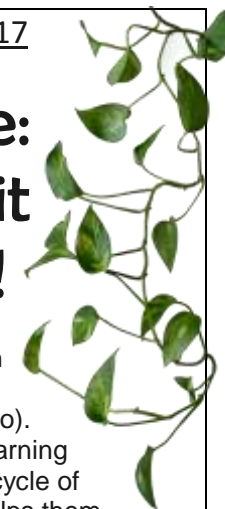
Australia Day Public Holiday

(No program)

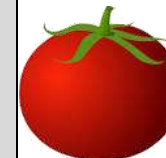


Fri 27/1/17

Science: Make it Grow!



Calling all green thumbs (and brown thumbs too). Today we are learning about the life cycle of plants. What helps them grow? What do they need to fruit? How do they make seeds? In Art & Craft each child will plant a crop to take home.



Full program with: Bowling, Arts & Crafts, Swimming, Lots of Games, Cubbies & Dress ups, AND MORE!!!!

Mon 30/1/17

Glow in the Dark Disco Bowling Party



Celebrate the end of the holidays with glow-in-the-dark bowling and lots of party games. With special cooking activities.

Full program with: Bowling, Arts & Crafts, Swimming, Lots of Games, Cubbies & Dress ups, AND MORE!!!!



Healthways Recreation Centre

◆Gym ◆Tenpin ◆Swim ◆Recreation

1-11 Arcade Rd, Mont Albert North 3129, Ph. 9895 2300

www.healthways.com.au