

SCHOOL HOLIDAY PROGRAM

DEC 2023 / JAN 2024

Healthways Recreation Centre - We have a large range of activities that are all ON-SITE, and all INCLUDED in the price, including: Tenpin Bowling, Art & Craft, Swimming, Building Cubby-houses, Outdoor Activities & Games, Ball Games, Racquet Games, Cooking, Science Experiments, Board Games, Structured Play, Special Workshops, Special Incursions, Dress ups, Writing and Performing plays, Educational Themes, And lots more!!

Program Dates:

- Thurs 21/12/23 – Fri 22/12/23
- Tues 02/01/24 – Mon 29/01/24

Program Time:

- Structured program 9.00am-4.30pm
- 3 activity sessions in the morning
- 3 activity sessions in the afternoon
- (Social grouping 7.45-9.00am & 4.30-6.00pm)

The aim of the program:

Healthways School Holiday Program aims to provide children with activities during the school holidays that are:

- Physically active and engaging;
- Creative;
- Stimulate lateral thought and problem solving skills;
- Make educational concepts fun! eg. STEAM activities;
- Encouraging of social interaction between the children, to develop a sense of community and skills in team-work;
- And that throughout the day, and throughout the holidays that the activities are varied to cater for different children's interests and capabilities.

Theme Days: Each day has a theme attached to it, where the activities on the day relate to a particular concept. Across the program, we try to provide a range of pursuits to encourage the next generation of modern renaissance boys and girls. "The term Renaissance person is used for a very clever person who is good at many different things." We hope you and the children enjoy the range of activities we organise! We have lots of fun putting the ideas together and welcome your feedback and input. If you have any suggestions for themes please email us at healthways@healthways.com.au.

ENROLMENTS OPEN NOW. Enrol online at:

<https://www.healthways.com.au/boxhill/other-programs/school-holiday-program/>

Thurs 21/12/23 **Freeze-Frame!**

As the holidays start we'll be celebrating the year and what's happened in it with a photographic theme. In Art & craft today we'll be making and decorating paddle-pop picture frames to take home and put a photographic memory from the year in. The children can choose a style suited to their interest and ability level.

In the afternoon we'll be doing a photography workshop to try to capture some fun freeze-frames, eg. jumping in mid-air, and perspective photography. The children will have a go being part of the photo cast and the older students may be able to have a go being in-charge of the camera directing the shot.

In the afternoon we'll also be making some paddle-pop Christmas ornaments.



Full program with 6 activity sessions, incl: Bowling, Arts & Crafts, Physical Education/Games, Little Legends, Kids Club, Swimming AND MORE!!!!

Fri 22/12/23

Surfing Santa

The Summer months are a time for beach fun! We're going to pretend we're at the beach today. We're going to fly kites, play frisbee, blow bubble mix, play beach musical towels, and other fun beach and summer inspired games.

We'll be playing some surf lifesaver games too, and we've got the beach volley ball net to put up to for those who enjoy ball and balloon options. For art and craft we're going to make some Xmas goodies, and create some 3D shell art.

For the last day of the year, we are also having a glow-in-the-dark disco bowling party.



Full program with 6 activity sessions, incl: Bowling, Arts & Crafts, Physical Education/Games, Little Legends, Kids Club, Swimming AND MORE!!!!

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MERRY CHRISTMAS AND HAPPY NEW YEAR!!



Tues 02/01/24

Penguin Party

Penguins are super cool! Did you know that Penguins are only found in the Southern Hemisphere? There are 18 species of these wonderful animals, all with distinctive characteristics that mean they can live in varied habitats.

Today we'll be having fun with camouflage and how a penguin's black and white colouring helps them hide in the water.

Did you know penguins give each other rocks as love-notes (Nawww! So cute!).

Today we'll be doing some rock art. Penguins can live in very cold climates and we'll also be doing some ice-challenges.

The day includes setting up the Healthways big screen, and making popcorn for a fun movie.



Full program with 6 activity sessions, incl: Bowling, Arts & Crafts, Physical Education/Games, Little Legends, Kids Club, Swimming AND MORE!!!!

Wed 03/01/24

"Dear Diary" - All about me

Keeping a diary improves writing, boosts memory, organises thoughts, is a wonderful record of childhood experiences, and it's fun!

Today we'll be making our own scrap book to take home and keep as a diary. We'll be starting by adding some things all about us at the front. What's happening for you this year? We'll be creating some art with a 'walking a day in my shoes' theme, and looking at shoes that people wear from all over the world. We'll be bringing out the dress-ups in the afternoon and in the sports sessions playing lots of "about-me" games.



Full program with 6 activity sessions, incl: Bowling, Arts & Crafts, Physical Education/Games, Little Legends, Kids Club, Swimming AND MORE!!!!

Thurs 04/01/24

Science: Make it move

There are some great Australian traditions of building transport and racing it – including the speed of the 'Salt-lake' speed races at Lake Gairdner in South Australia and the silliness of the 'Bird-man' challenges in Melbourne at Moomba.

Today we'll be looking at construction and making lots of items and activities that we can race. Includes a construction workshop learning about considerations for weight, wind, etc and how to include reinforcements and safety features.



Full program with 6 activity sessions, incl: Bowling, Arts & Crafts, Physical Education/Games, Little Legends, Kids Club, Swimming AND MORE!!!!

Fri 05/01/24

Nailed It!

The Netflix series 'Nailed It' is our inspiration today. This fun show takes contestants through baking challenges where they have to replicate the work of a master baker. Ending in some hilarious finishes that celebrate imperfections and the process of giving everything a go.

Today we'll be seeing if we can replicate the work of some masters of their fields, including biscuit decorating, construction building, art work replicas. We'll be getting into the baking theme by decorating our own chef's apron for art and craft. And we'll have a show and tell of what it was meant to look like and what it actually ended up looking like. For sport there'll be lots of games!

Full program with 6 activity sessions, incl: Bowling, Arts & Crafts, Physical Education/Games, Little Legends, Kids Club, Swimming AND MORE!!!!



Mon 08/01/24

Magic & Mystery – A Drama Day!

Calling all magical kids! Today, we'll be learning the art of slight-of-hand and suspense, as things appear and disappear like magic.

We'll be making some of our own magic tricks and learning how to perform them. We'll also look at some other magic tricks that you can perform with standard items at home – card tricks, making coins disappear, etc.

The children will put on a magic show in the afternoon. You're welcome to bring some tricks from home to share in the performance if you wish, or use the ones you learnt during the day. Ta-da!

Full program with 6 activity sessions, incl: Bowling, Arts & Crafts, Physical Education/Games, Little Legends, Kids Club, Swimming AND MORE!!!!



Tues 09/01/24

Sailing the High Seas

"Ahoy me hearty!" Today we'll be pretending to join a pirate crew and sail to far-flung places in search of treasure and riches. "Or ye'll be walking the plank!" We'll be making our own treasure boxes to take home. "But ye have to remember where ye hide ye treasure", so we'll be making treasure maps where 'X' marks the spot too!

In sport we'll be playing lots of pirate themed games, and balancing games so we can pretend to run up and down our ship's gangway without falling in!

We'll be doing some pirate scratch art in the afternoons, and building some compasses to keep us on course.

Full program with 6 activity sessions, incl: Bowling, Arts & Crafts, Physical Education/Games, Little Legends, Kids Club, Swimming AND MORE!!!!



Wed 10/01/24

Wacky Wednesday

Today is all messed up, and totally wacky. Come dressed in your most wacky clothes – t-shirts inside out, shoes on wrong feet, crazy hair, anything goes today. Anyone know of a fellow called Dr Seuss? He wrote a book about Wacky Wednesdays, "I looked in the kitchen. I said, "By cracky! Five more things are very wacky!"

We will make some wacky 'smell-o-vision' painted art, and wacky pipecleaner critters.

Includes a wacky version of 'minute-to-win-it' games, and a wacky kitchen session in the afternoon with 'revolting-recipes' that the kids will love, including edible marshmallow slime.

Full program with 6 activity sessions, incl: Bowling, Arts & Crafts, Physical Education/Games, Little Legends, Kids Club, Swimming AND MORE!!!!



Thurs 11/01/24

Finding a Needle in a Haystack

Today we'll be putting our detective hats on. The children will need to finetune their sharp eyes, and listen carefully with their sharp ears to search for clues and solve the mysteries. We'll be doing lots of puzzle, code breaking, search and solve activities today.

Plus, in our art and craft session today we'll be taking this theme literally and getting out a needle and thread. The children will get their own stitch & sew or lacing activity kit to make and take home.

We'll also be bringing out the magnifying glasses to see what teeny tiny things you can see and find.



Full program with 6 activity sessions, incl: Bowling, Arts & Crafts, Physical Education/Games, Little Legends, Kids Club, Swimming AND MORE!!!!

Fri 12/01/24

Enchanted Forest

In folk tales and modern magical tales, there are enchanted forests with wonderful creatures and magical realms. Today we'll be creating our own enchanted forests. In the morning, we'll be making our own terrarium's to take home. In the afternoon, we'll also be doing some creative writing about our enchanted worlds and what mystical powers they hold.

In the sport sessions we'll be playing fun enchanted theme games like pixie dust relay, earn your wings, free the fairies, and goblin trees.

As the half way point of our holidays, today will also include glow-in-the-dark bowling. And we'll be making some jelly deserts.



Full program with 6 activity sessions, incl: Bowling, Arts & Crafts, Physical Education/Games, Little Legends, Kids Club, Swimming AND MORE!!!!

Mon 15/01/24

Geography: The Melanesian Islands

Today we're going to be inspired by the beautiful Melanesian Islands in the South Pacific. These islands are regular Australian holiday destination, made up of the independent countries of Fiji, New Caledonia, Papua New Guinea, Solomon Islands, Vanuatu, and the French territory of New Caledonia.

We'll be making some volcanoes today, inspired by Vanuatu's 9 active volcanoes. We'll be making grass & shell bracelets and adornments, inspired by Papua New Guinea traditions. We'll be playing Rugby, inspired by Fiji's national sport. We'll be offering snorkelling in the pool (optional), inspired by the world's largest lagoon in New Caledonia. Come join us for an oasis of South Pacific highlights!



Full program with 6 activity sessions, incl: Bowling, Arts & Crafts, Physical Education/Games, Little Legends, Kids Club, Swimming AND MORE!!!!

Tues 16/01/24

Loop-the-Loop!

We're so excited about this theme. Today we'll be doing all things that loop-the-loop. Woohoo!

Today we've got foam stunt aeroplane gliders for everyone. With two positions for the back wing you'll be able to choose straight flying mode or go for a loop-the-loop. See if you can pull off a full rotation! You can decorate it, make it yours, and continue the challenges with it at home.

We'll also be bringing out the marbles to see if we can make some loop-the-loop tracks for them too. A great STEM activity! If you can do the marbles, we'll see if you can upgrade to the matchbox cars. And we'll be getting in the kitchen to create some curly fruit creations with the fun slinky-spiral machine.



Full program with 6 activity sessions, incl: Bowling, Arts & Crafts, Physical Education/Games, Little Legends, Kids Club, Swimming AND MORE!!!!

Wed 17/01/24

Science: Gyroscopes

Ever wondered how hand-held games or gaming devices know when you've moved them. And not only that but which direction you've moved them in and how fast? It's because of gyroscopes!

Gyroscopes are used in gaming devices, mobile phones, aircraft, ships and satellites. They measure the orientation of an object and when it has changed direction using wheels spinning in 3 directions. They can also steady a moving object and keep it upright.

Today we'll be learning about gyroscopes and doing some science experiments with them. We'll also each be getting a set of beyblade style spinning tops to decorate and challenge each other with. The science of how spinning tops stay upright while they're spinning is the same as gyroscopes.

"Ladies and Gentlemen! Welcome to the Beyblade arena!"



Full program with 6 activity sessions, incl: Bowling, Arts & Crafts, Physical Education/Games, Little Legends, Kids Club, Swimming AND MORE!!!!

Thurs 18/01/24

Scratch & Sniff

Did you know that 'Scratch & Sniff' stickers were invented in the 1960s! A scientist came up with and patented a process of encapsulating scent onto paper, and since then they have been a staple of childhood fun for generations. Today we're going to make our own 'Scratch & Sniff' stickers to take home! Including coconut, fairy floss, strawberry, pineapple and more. (All scented oils used are made for DIY soap manufacture and gentle on skin.) With the scratch theme we're also going to do some scratch art in the afternoon. And make some scented play-doh to play with and take home. Today is going to smell divine!



Full program with 6 activity sessions, incl: Bowling, Arts & Crafts, Physical Education/Games, Little Legends, Kids Club, Swimming AND MORE!!!!

Fri 19/01/24

Make a Machine!

Machines have changed the world. From the first stone tools, to the current-day developments in AI, humans have been solving problems with the help of machines. Today we're looking at how machines are made and learn about design, function and construction.

Then we'll be making our very own machine to take home, based on the real machine that you've got at home! We'll be building a real battery powered vacuum cleaner kit! In the afternoon we'll be doing some experiments to see what items it can pick up!

We'll also be completing a marshmallow astronaut challenge, where you have to design and make a lander that brings the marshmallow astronauts down safely without bouncing out of the capsule.



Full program with 6 activity sessions, incl: Bowling, Arts & Crafts, Physical Education/Games, Little Legends, Kids Club, Swimming AND MORE!!!!

Mon 22/01/24

The Solar System

At the start of Nov 2023 scientists using NASA's James Webb Space Telescope made a breakthrough discovery in revealing how planets are made. It's now understood that ice-coated pebbles approaching the warmth of a star are the seeds for making a planet!

Today we're having fun with the planets in our Solar System. We're going to be playing planet themed games in the sports session, including space-balls, Saturn-ring spins, and asteroid toss.

In art and craft we'll be making a planet spiral, and we'll also be making a planet themed group art piece for Healthways' foyer. Day includes a planet scavenger hunt and making a mini-telescope.



Full program with 6 activity sessions, incl: Bowling, Arts & Crafts, Physical Education/Games, Little Legends, Kids Club, Swimming AND MORE!!!!

Tues 23/01/24

Design your own T-Shirt

This theme has become a January tradition... because the kids love it!

Today the children will be designing and making their own T-Shirts.

Using textile markers and paints the children will take home a personalised cotton T-Shirt designed and made by them to enjoy and wear. Children will decide on a design and start the outline of their design in the morning, and finish the details in the afternoon.

Please wear old clothes on the day. The children will be wearing smocks while they do their art and craft, but please don't bring the children in their best clothes... just in case! 😊

Full program with 6 activity sessions, incl: Bowling, Arts & Crafts, Physical Education/Games, Little Legends, Kids Club, Swimming AND MORE!!!!



Wed 24/01/24

"When the moon hits your eye like a big pizza pie" – Italy Day

Home to such rich heritage and varied culture, today we'll be celebrating the land that Dean Martin made us all love with his "pizza pie, that's amore" song.

In Art & Craft we'll be celebrating some famous Italian cities, including: Venice, a city built in water and famous for Venetian masks – we'll be making our own masks; and Pisa, the home of the leaning tower of Pisa – we'll be building our own angled foam towers. Did you know the fastest person at the last Olympics was an Italian? To celebrate the amazing 100m sprint from Marcell Jacobs we'll be having some mini-athletics fun in the morning. In the afternoon, we'll be turning our PE focus to the most popular sport in Italy – Soccer! Pizza is yummy! Our afternoon session will include making our own mini-pizza's for afternoon tea.

Full program with 6 activity sessions, incl: Bowling, Arts & Crafts, Physical Education/Games, Little Legends, Kids Club, Swimming AND MORE!!!!



Thurs 25/01/24

Awesome Aussie Animals

Did you know that more than 80% of Australia's plants, mammals, reptiles and frogs are unique to Australia and found nowhere else in the world. Today we're celebrating our unique Australian Animals. Some are soft and fluffy, some are highly poisonous – we have it all! We'll particularly be looking at the bats that fill Melbourne's skies at dusk. These wild animals give Melbourne it's 'Gotham City' nickname. We'll be making our own bat mobile to hang in your bedroom (Get it...? Not bat-mobile, the car. Bat-mobile, the hanging art! 😊).

We're also going to be making Australian animal masks.

In our sport session we're going to be playing some skippyroo-kangaroo, and we're going to try laughing like a kookaburra.

Full program with 6 activity sessions, incl: Bowling, Arts & Crafts, Physical Education/Games, Little Legends, Kids Club, Swimming AND MORE!!!!



Fri 26/01/24

Australia Day Public Holiday

But wait, there's more!

There's 1 more day of School Holiday Program Fun over the page...



Mon 29/01/24

Belly Laugh

The sound of laughing and uncontrollable giggles is like music to our ears! Today we'll be engaging our silly side and finding lots of different things that make us laugh. Bring your best jokes! We'll also be making a photo booth with our own props and taking some fun photo-booth photos. Photos will be emailed to parents in the daily wrap. To get us ready to go back-to-school we'll be decorating our own reusable bag; you might like to use it as a library bag or swimming bag in 2024. As the last day of the holidays we'll also have our traditional end-of-holidays glow-in-the-dark bowling party. Woohoo!



Full program with 6 activity sessions, incl: Bowling, Arts & Crafts, Physical Education/Games, Little Legends, Kids Club, Swimming AND MORE!!!!

Program Information

Eligibility to attend:

As per the national regulations, children can attend vacation care as of 1st January in the calendar year that they are attending primary school OR once they have turned 6 years old. So if your children are going to primary school in 2024, they can attend as of 1st January 2024.

Daily Routine:

7.45am-9.00am: Social grouping & free-play.

9.00am-9.30am: Daily Welcome and Ice-breaker games.

9.30am-4.30pm: Structured Program – your children will be active and engaged all day. We have 3 activity sessions before lunch and 3 activity sessions after lunch. The activities in each session change depending on the day's themes, but usually the morning includes Tenpin Bowling, Art & Craft, and Physical Education; and the afternoon includes Investigation and Discovery, Creativity and Problem Solving, and Physical Education.

4.30pm-6.00pm: Social grouping & free-play.

Children's Groupings:

The children are organised into groups of 15-20ish for their activities and then all groups come together at meal times – just like school. There are 6 activity sessions every day - 3 activities in the morning and 3 activities in the afternoon, so we have a maximum of 3 groups of children at any time. The groups rotate through the day's activities, so children participate in all 6 activity sessions over the course of the day. In the afternoon, the older children are invited to participate in 'Kids Club' which is a grouping for them to extend their abilities and knowledge, and the younger children are invited to participate in 'Little Legends' which is a grouping for them to have a more relaxed pace as their energy levels are slowing down for the afternoon. We're able to group friends or family members together as needed. In the morning the children can let us know themselves that they want to be together, or parents can let us know in the mornings too.

Leaders:

We have an industry-leading staff ratio of 1:10. All leaders are experienced in working with children and have all their required qualifications. Most leaders are school teachers and/or arts teachers (eg. drama, music, etc) and/or sports teachers (eg. swimming, cricket, football, basketball, dance, etc) during the term and then work with us in the holidays.

Daily Fees:

- Base Fee \$68.90 + Experience Fee \$27.00
- Total Fee = \$95.90
- (With Maximum CCS = \$9.59 out of pocket)

There are NO EXTRA CHARGES. Included in the above prices are ALL ACTIVITY COSTS, ALL SPECIAL EVENTS/ THEMES/ INCURSIONS and ALL MATERIALS for the daily Art and Craft, Science and/or Cooking sessions.

Claiming the 'Child Care Subsidy' (CCS):

When you book a day at the holiday program you'll pay a deposit upfront, of up to \$30/day. (Where Centrelink estimates that your out-of-pocket fee is going to be less than \$30/day, you'll only pay the estimated amount at the time of booking.) Over the course of the holidays we submit your attendances to Centrelink. Centrelink calculates your applicable CCS and applies it to your holiday program account.

On your enrolment form there is a place for you to fill in your CRN details to claim CCS. Every day we send your enrolments to Centrelink. Once you have approved your enrolments at Centrelink via your MyGov account, Centrelink will apply your CCS.

At the end of the holidays, if your CCS doesn't cover the balance of the day's fee, the remainder will be charged to the payment method on file. Payments are processed on the second Thursday after the end of the holidays. If your CCS covers more than the balance of the day's fee, the surplus will remain as credit on your account and can be used towards any future bookings. You will be emailed invoices detailing any CCS payments that Centrelink has made for your children.

For more information from Centrelink about CCS, go to <https://www.servicesaustralia.gov.au/child-care-subsidy>.

A note about CCS and Absences on the first or last day of your enrolment:

Please note that as part of the new CCS rules, legislated in July 2023, Centrelink will cover more CCS for more people. This is very welcome for working parents!

However, please note that as part of the new rules, if you are absent on the first or last day of your enrolment, Centrelink will not pay any CCS for that day. This is a rule that the industry has argued needs to change, but it has now been legislated. If you are going to be absent on the first or last day of your enrolment and you want to claim CCS, you do need to come in to the centre and sign-in and sign-out such that you then either don't have an absence or that your absence is not on the first or last day of your enrolment. If this applies to you, please contact us and we'll do our best to help you navigate this rule. For more information from Centrelink about the rules around absences, go to:

<https://www.servicesaustralia.gov.au/child-care-subsidy-if-your-child-absent-from-child-care?context=41186>.

What to bring:

- Clothing:
 - Socks & Closed-in shoes
 - On sunny days (and all days Sept-April): Sun Hat, Sunscreen & Clothing that covers the shoulders
 - On cold days: Jumper and warm clothes to wear outdoors
- Food:
 - NO NUTS OR NUT PRODUCTS – WE HAVE CHILDREN ATTENDING THE CENTRE THAT ARE AT SEVERE RISK OF ANAPHYLAXIS!
 - Morning play lunch
 - Lunch / Lunch order
 - Afternoon play lunch
 - Water bottle
- We will be ensuring regular hand cleaning and reducing the amount of shared equipment in the program. As such, could you please bring with you for personal use:
 - A pencil case, with any textas/pencils/scissors/glue stick that the children might like to use in Art & Craft sessions.
 - Any small toys, that the children might like to play with during social grouping time (ie. 7.45-9.00am & 4.30-6.00pm) while students are being dropped off and picked up.
- Maximum \$3.50 to spend at the canteen (optional)
- Any medication, personal requirements, etc.

Forget something?:

We're parents too and we know that life is busy!! So if you've forgotten something we have done our best to organise options to be available on the day for your child. For example:

- Forget your socks? Children need socks so that they can go bowling. We have organised socks to be available. They're just \$2.50 from reception.
- Forget your lunch? We have lunch orders available. Order at reception in the morning when you drop-off.
- If you've forgotten something else, let us know and we'll try to help!

Children with additional needs:

We support all children including children with additional needs. If you would like to provide additional information about your child and his/her needs or require inclusion support funding, please contact us 6 weeks prior to program commencement on healthways@healthways.com.au for staffing purposes.

Please note the following general extra info in the times of COVID:

- Ventilation:
 - We've had the ventilation in the whole building tested over this time. Every room in the main building has its own 100% fresh air ventilation, including the offices. At 80% the air turns over every 2.5 minutes, at 30% the air turns over every 5 minutes. The Art & Craft room is ventilated by opening windows and doors to outside.
 - We've gone this extra mile to provide extra confidence to our Healthways community.
 - Please make sure the children have warm clothes with them each day so that ventilation can be maximised.
- Face-coverings:
 - Whilst it is not mandated, it is still recommended to wear a face-mask indoors in certain circumstances. We kindly ask that parents and children wear face-masks where recommended.
- We will be ensuring regular hand cleaning and reducing the amount of shared equipment in the program. As such, could you please bring with you for personal use:
 - A pencil case, with any textas/pencils/scissors/glue stick that the children might like to use in Art & Craft sessions.
 - Any small toys, that the children might like to play with during social grouping time (ie. 7.45-9.00am & 4.30-6.00pm) while students are being dropped off and picked up.
- As per all previous communications since the beginning of COVID-19, we would like to continue to reassure all clients that we will honour any services you have paid for. In the event that you book, and then your student tests positive for COVID within 7 days of your booking, we will give you a full credit for any holiday program bookings you have paid for. Credits may be used for any services in the future. For cancellations due to other reasons, the normal cancellation policies will apply as normal. Thank you.

We look forward to showing the children a great time these holidays!

(An Optional Extra) Holiday Swim Lessons

Healthways' award winning Swim School also runs swimming lessons during the school holidays. Did you know that if you're attending the Holiday Program at Mont Albert North we can take the children to their swimming lesson each day!

Use your holidays to learn swimming too! Classes run in the mornings. This allows your children to consolidate and build on their swimming skills every day.

- Max. 4 students in group classes!
- 3yrs to School Age levels!
- Private lessons also available!

Enrol at reception by phoning 98952300 or CLICK HERE to log into the swim school client portal and book online:

<https://www.healthways.com.au/boxhill/swimming-pool/swimming-lessons/book-now/>

More information about the swim school can be found here:

<https://www.healthways.com.au/boxhill/swimming-pool/swimming-lessons/>

(Note: Swimming lessons and the School Holiday Program are booked via different software solutions. Please book them in separately and on the day just let the holiday program know that you're attending swimming lessons too. Easy!)

Holiday Swim Intensives



Programs available for: • 3-5 years • School age

Max 4 Students per class. Group or Private Lessons available!

Classes run in the mornings for consecutive days. This allows your children to consolidate and build on their skills every day.

Week 1: Tues 02/01/24 - Sat 06/01/24, **Week 2:** Mon 08/01/24 - Fri 12/01/24,
Week 3: Mon 15/01/24 - Fri 19/01/24, **Week 4:** Mon 22/01/24 - Thurs 25/01/24.

Weeks can be booked individually.

Go to app.iclasspro.com/portal/healthways to book.



Healthways Swim School
www.healthways.com.au

**Two locations... Ringwood
and Mont Albert Nth
Ph. 9879 5777 / 9895 2300**